

Help Improve Women's Health!

Women's Health In The South East

Women's Health in the South East (WHISE) is the regional women's health service for the Southern Metropolitan Region (**SMR**).

We are seeking women aged 50+ from range of backgrounds who live in SMR to answer questions regarding their health. These questions will cover:

Physical Health

Mental Health

Sexual Health

Health Information and access

- **You can participate in a group discussion**

⇒ Monday, July 22nd from 10.30am-12.30pm (RSVP by 19th July) or

⇒ Thursday, August 8th from 1.00pm-3.00pm (RSVP by 6th August)

- **Or we can contact you individually to get your feedback**

- **Or we can come to your group.**

Each participant will be rewarded with \$25 gift voucher from
Coles/Myer

**Our aim through this project is to help improve the quality of life for
older women in the SMR**

for more information, or to obtain a project brief please contact Helena/ Iresha

To express your interest call us on 97948677 or email

whise@whise.org.au

Women's Health In The South East

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