

ALL ABOUT ENDO

A RESOURCES GUIDE

ENDO SUPPORT AND INFO HUB:

- [EndoZone](#) is an evidence-based website co-created with people affected by endo, funded by the Australian Government and Jean Hailes for Women's Health. Includes a symptom checker tool, 'My Endo Report.'
- [Endometriosis Australia](#) is the peak body for endometriosis in Australia and a nationally accredited charity that raises awareness, educates and funds research for endometriosis. Check out their Endo AU Workplace Accreditation Program.
- [Endo Help Foundation](#) is a Victorian based organisation with a team of volunteers who educate and empower those with endometriosis, pelvic pain and period pain.
- [Jean Hailes for Women's Health](#) is a national not-for-profit health organisation that offers endometriosis information and resources.

AUSTRALIAN SUPPORT GROUPS ON FACEBOOK:

- [Endometriosis Australia Closed Education & Discussion Group](#)
- [Australian & NZ Women with Endometriosis Support Group](#)
- [Adenomyosis Australia](#)
- [Beyond Endo](#)
- [Endometriosis/PCOS/Adenomyosis Information & Support Group](#)
- [Endometriosis Local Support Groups in Australia](#)
- [Pregnancy and Motherhood with Endometriosis](#)

Victoria-based groups:

- [Endometriosis Victoria Support Group](#)
- [Epworth Freemasons Endometriosis Support Group](#)
- [Melbourne Endometriosis Sisters](#)