



Care
Education
Advocacy

EVALUATION SNAPSHOT

Implanon Training Session



In partnership with Sexual Health Victoria and Mornington Peninsula Shire, WHISE training on 26 October 2023 focused on increasing participants' knowledge and confidence in offering long-acting reversible contraception, specifically Implanon, and understanding the barriers patients face in accessing these services.

This initiative aimed to equip primary care practitioners in the Southern Metropolitan Region with the knowledge, skills, and confidence needed to provide accessible, high-quality sexual and reproductive health services. By doing so, it sought to increase the uptake of these services in primary care settings.

Changes in understanding



The evaluation showed changes in understanding and knowledge from pre to post. Worth highlighting is the increased understanding in how to insert the contraceptive implant, with attendees selecting *high* to *very high* (86% see fig 1).

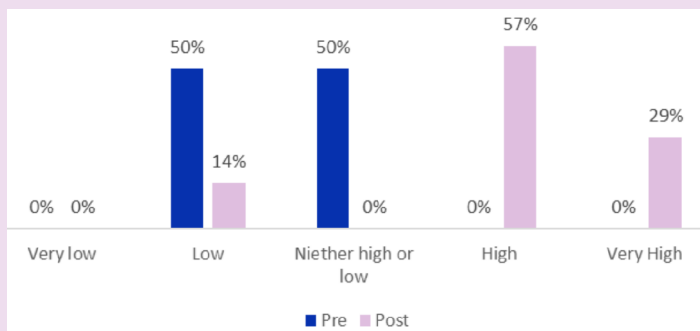


Figure 1. Pre and post session ratings of understanding of how to insert the contraceptive implant.

Levels of understanding of the suitability of the contraceptive implant based on individual contraindications received the second high knowledge increase at 63%, with the majority of participants selecting *high* to *very high* (86%; see figure 2).

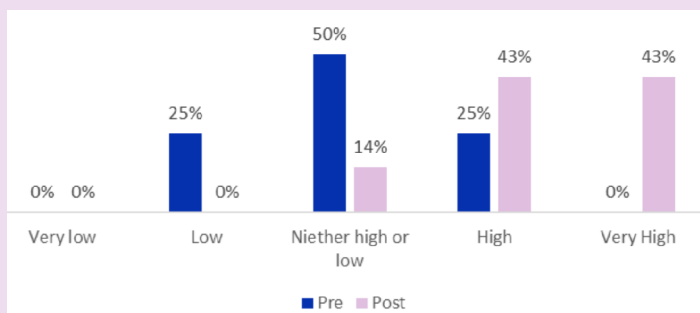


Figure 2. Pre and post session ratings of understanding of the suitability of the contraceptive implant based on individual contraindications.

How many attendees participated in the training?

7

How many completed the pre survey?



4

Attendees who completed post survey

7

Confidence to apply learnings



Clear increases in confidence from pre- to post-assessment were evident. Only two confidence questions were asked, with both questions receiving the same confidence increase. The questions that were asked about their confidence in inserting and removing the contraceptive implant, both received an increase of 43%.

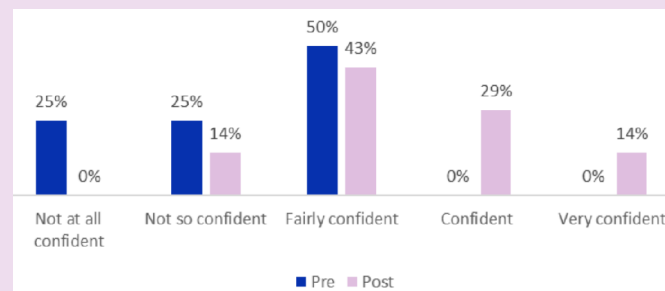


Fig 3. Pre and post session ratings of confidence in inserting the contraceptive implant.

What participants told us



Asked whether they were confident to apply the learnings from this session when administrating the Implanon, participants responded with:

"Yes, I can't wait to get supervision at work and start practicing this."

"With initial supervision, I feel that this would improve woman centred care."