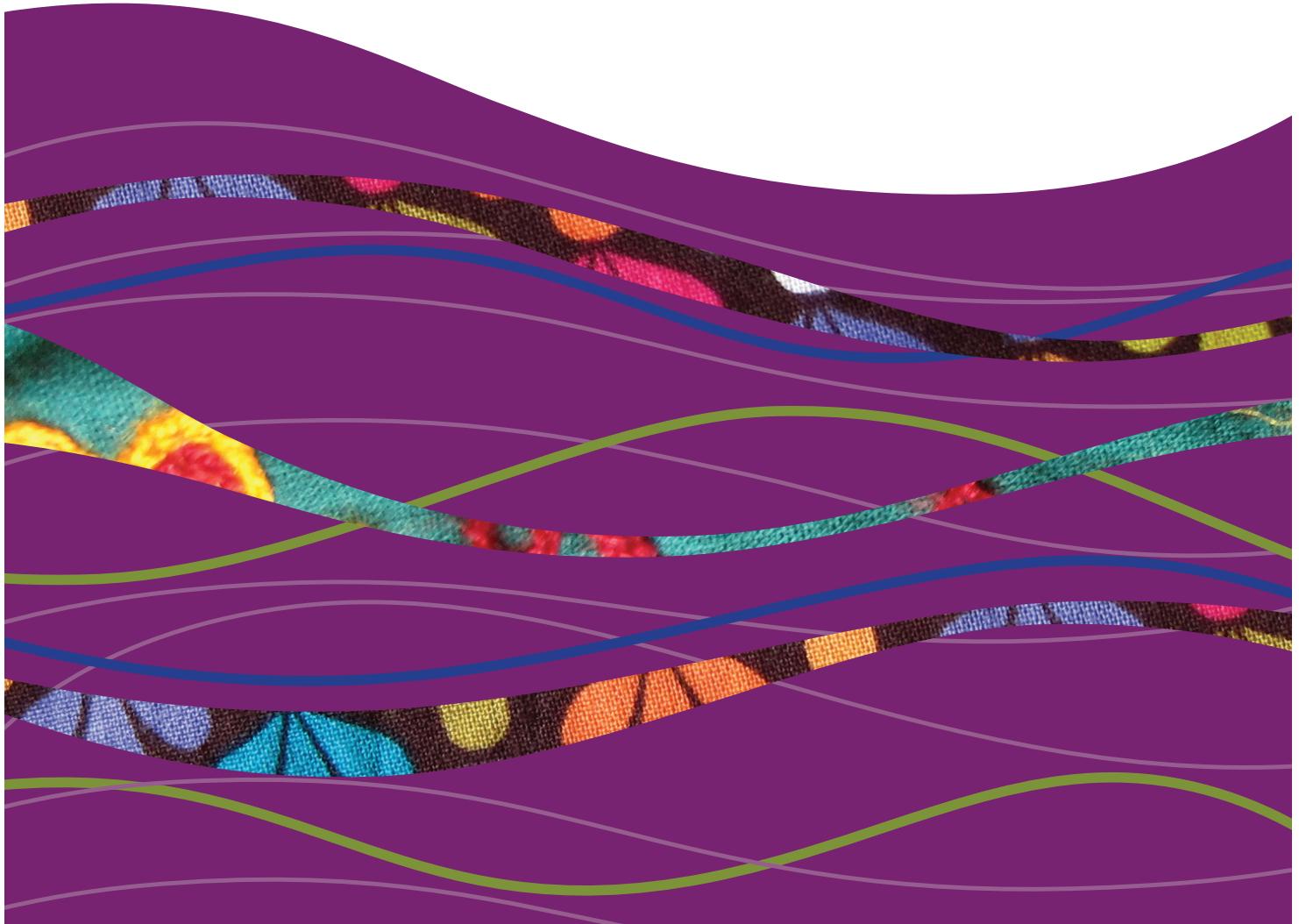




ANNUAL REPORT 2013



www.whise.org.au

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HIGHLIGHTS

- Talking Health website launched in February 2013 by Starlady Nungari
- WHISE presented with a volunteer recognition award from the City of Greater Dandenong for the Settlement Grants Program
- Three volunteers recognised for their contribution to women within the community
- Oral presentation at the 7th Australian Women's Health Conference on 'using social media and electronic communication to improve the lives of refugee and migrant women'

WHO WE ARE

Our Vision

To improve the health and well-being of women in the Southern Metropolitan Region within a Social Model of Health and within a feminist perspective.

Our Mission

- To provide a range of services that acknowledges the diversity of women and their total well-being
- To be accessible to all women in a safe and women-friendly environment
- To promote best practice in health service delivery for marginalised women, both in specialised and in mainstream service providers.

Our Priorities

- Advocacy: Achieving system and policy change
- Health Promotion: Achieving best practice in Health Promotion especially to marginalised women
- Well-being Promotion: Improving community participation and social connectedness.

Our Catchment Area

Port Phillip
Stonnington
Glen Eira
Bayside
Kingston
Greater Dandenong
Frankston
Casey
Cardinia
Mornington Peninsula



CHAIRPERSON'S REPORT

In our 21st year of operating, there have been a number of changes. Eva Orr, who was the CEO for the last 3 years, resigned in June. The Board wishes to acknowledge Eva's contribution to WHISE and wish her well for the future.



The Board has appointed Susan Glasgow as Interim CEO. It is anticipated that she will carry out this role for six months and then assist with the recruitment of the next CEO for WHISE. Susan has had previous involvement with WHISE as a CEO and brings a wealth of experience, professionalism and leadership to this role. As well, we have appointed a Strategic Consultant to assist the Board in their plans for the future.

I would like to thank the staff for all their hard work and dedication over the last year. WHISE would not be the organization it is today without their loyalty and support.

WHISE has been advised of further funding from the Department of Health and the Board will be working strategically to ensure that services are tailored to achieve the best possible outcomes for women in the South-East region. 2013–2014 will see the continuation of focus on CALD women across all program areas and an increase in upstream program delivery. There will also be a major emphasis on family violence, particularly the primary prevention of violence against women and children.

In looking at the Vic Health website, I would like to draw your attention to the following:

Violence against women is the biggest contributor to ill health and premature death in women aged 15–44. Intimate partner violence has wide-ranging and persistent effects on women's physical and mental health, with 58% attributed to anxiety and depression. Violence against women occurs across the whole community; however certain groups experience much higher rates of male violence than others, including women with disabilities, Aboriginal women, women in rural and remote areas, and immigrant and refugee women.

Women are at least three times more likely to be victims of intimate partner violence than men, with more than half of Australian women (57%) experiencing a form of physical or sexual violence from 16 years. Evidence also shows that the associated health impact of intimate partner violence is greater for women than for men.

Based on global evidence, there are three areas for action which help to prevent violence against women

- promoting equal and respectful relationships between men and women
- promoting non-violent norms and reducing the effects of prior exposure to domestic violence
- improving access to resources and support systems

We need to work on multiple fronts to develop advocacy campaigns, and work in partnership with governments and other women's groups. We need to collect data and research so that the scope of the problem is revealed. We also need strategies to stop violence before it starts.

We need to say NO TO VIOLENCE AGAINST WOMEN.

Gail Quilliam
CHAIRPERSON

CEO'S REPORT

I have the pleasure in providing my report as Interim CEO of Women's Health in the South East. As I literally commenced just a few weeks ago I have reviewed all the work that WHISE has achieved over the last 12 months.

The volume and quality of work that WHISE women have accomplished is commendable.



Over the past 12 months, we have been busy working on:

- Photography on the Move, a photography based program for young people and adults with a disability.
- Girlz Own which is a program based in secondary schools for young women that aims to increase communication skills, body image, self esteem, financial literacy and women's rights.
- Women's Health and Well Being Group that aimed to empower socially marginalised women who had committed criminal offenses to develop skills that will improve their self care and wellbeing, social connectedness, and promote their effective integration into wider society.

Additionally,

Girls' Space in partnership with the Centre for Multicultural Youth, GirlSpace in partnership with the Refugee Minor Program, Healthy Relationships Group, and Sexual Health of Older Women's project which are discussed in more detail within the Annual Report.

In ever changing times and uncertainty it is wonderful to witness such resilience and strength of the staff and Board of Management at WHISE. WHISE said goodbye to Belinda Dennis, Dongmei Zhang, Antigone Quince, Amrit Preet Kaur, Renay Fewkes and Eva Orr. I would like to thank them for their commitment and hard work and wish them well for the future.

Susan Glasgow

INTERIM CEO

TREASURER'S REPORT

The past 12 months have been a period of consolidation for WHISE. Following the funding changes, the Board made the prudent decision to focus on the delivery of core and funded programs to maintain services throughout the year.



This approach has ensured financial sustainability for WHISE during a tumultuous time for the sector. It has also enabled staffing levels to be maintained, which, in turn has kept service provision outputs relatively stable. The good news is that there have been no further funding cuts following the 5% in 2012–2013. This is due to the sustained advocacy efforts through Women's Health Association Victoria and a testament to the collaboration of Women's Health Services.

Core operational funding received from the Department of Health for 2012–2013 was \$556,062 (slightly higher than forecast due to adjustments). For 2013–2014, the core operational funding will be \$561,109. This continuity of core funding is fundamental to the sustainability of the organisation.

WHISE has also been successful in securing another two years of Federal funding from the Department of Immigration and Citizenship for 2013–2015. This will enable the Settlement Grants Program to continue, which provides vital direct support to women.

At the conclusion of 2012–2013, WHISE remained in a financially viable position, with a small deficit of \$3,344, due largely to extraordinary expenses. However, most significantly, Capital Profit Reserve was at \$139,269.62 at 30 June 2013, ensuring solvency and sustainability for 2013–2014.

The period of consolidation during 2012–2013, combined with the resignation of the previous CEO, has prompted the Board to undertake a thorough review of the organisation. A management consultant has been engaged to assist the Board and the Interim CEO to undertake this review and develop a strategic plan for future years. This process will include the consideration of long-term financial planning to mitigate against future deficit and ensure sound financial modelling for future program areas.

Service provision is and will remain an important deliverable for the organisation moving forward into 2013–2014, however there needs to be a renewed and increased focus on the 'bigger picture' – advocating for women's health and applying the gender lens to health related issues across the region.

These 'bigger picture' aspects ensure that WHISE can affect positive change for women at the population level, meaning that more women will ultimately benefit than would from direct service provision. This represents the optimum use of resources too, which is crucial for the long term sustainability of the organisation.

As I am sure all members would agree, maintaining ongoing advocacy for women's health is as important now as it has ever been. There is no place for complacency, particularly considering some of the issues played out over the past 12 months, typified by the misogyny demonstrated in Federal Parliament.

We look forward to the new direction that WHISE will take through 2013–14 and beyond, and encourage members to re-engage with the organisation and contribute to better outcomes for women across the south east.

Kara Dunn
TREASURER

HEALTH PROMOTION

WHISE's health promotion activities are developed to address the social determinants that contribute to poor health outcomes for women. They are designed around the priority areas of:

- mental health and social connectedness
- sexual and reproductive health
- positive family and partner relations

Mental health and social connectedness

This year WHISE has worked with women from across their lifespan to improve their mental health outcomes and ensure that they have connections which make them feel like a valued member of the community. Women are then encouraged to make a meaningful contribution back to their community.

We extended our work with young women; focusing on those from newly arrived refugee and migrant backgrounds.

The majority of women who accessed our IT training programs in 2012 – 2013 were over the age of 50, and the focus shifted from basic computer training to engagement with social media and electronic communication.

The WHISE women's well being group included a more diverse range of activities that women would not normally be exposed to.

Sexual and reproductive health

The main focus of WHISE's work in this area has been around our research project 'Sexual health amongst older women'. As part of this research we have visited various women's groups and met with individual women over the age of 50 who live, work and study in the southern metropolitan region to explore what their current sexual health trends and needs are.

Sexual and reproductive health (SRH) in health promotion primarily focuses on the needs of younger women and mothers with young children but there is little focus on older women.

The results of this research will be available at the beginning of 2014 and we hope that the information can be used to guide the future planning of SRH initiatives.

Positive partner and family relations

Preventing violence against women is a priority of all women's health organizations as it is a major public health issue.

- One in three women have experienced physical violence since the age of 15
- Nearly one in five women have experienced sexual violence since the age of 15
- 16% of women have experienced violence by a current or previous partner since the age of 15

The health promotion initiatives of WHISE for this year have focused on community education; working with women to improve their immediate situations while building their capacity to make longer term improvements in their current and future relationships.

The aim is contribute towards social change in all of our approaches to family violence.

Across all three of our priority areas, WHISE works upstream with a range of service providers to ensure that women's needs and rights are put on the agenda and considered in the development and delivery of all services, so as to achieve equity rather than contribute to further marginalisation.

MENTAL WELL BEING AND SOCIAL CONNECTEDNESS

Talking Health

Hairdressers love people. They care about their clients and take an interest in every part of their life. Hairdressers are often among the first to hear about the good times of life, such as births and weddings. They are also among the first to hear of conflict in relationships and illness or death in the family. Hairdressers are natural helpers and can sometimes feel responsible for not only the hair style but also the wellbeing of their clients. Hairdressers provide nurturing for their clients; but who looks after the hairdressers' well-being? The Talking Health program aims to increase the skills and confidence of hairdressers to act as a resource and referral source for clients with mental health related issues.

The program has been in operation since 2009 and is conducted in partnership between Kooweerup Regional Health Service, Monash Health, and Women's Health in the South East. This collaborative partnership approach has ensured the success of the program's reach in terms of the development and delivery of training workshops and resource kits, including a sticker for the salon window, contact cards, and a resource folder with fact sheets from various peak health information bodies, to 35 hairdressers, within a total of 10 salons, across Cardinia Shire.

This year there has been a major focus on the development of the Talking Health website. This was identified by hairdressers as a sustainable approach, to help them to implement, support and further develop the program within their salons.

Objectives

- Increase awareness of mental health issues including grief/bereavement, family violence, relationships and depression amongst hairdressers
- Increase hairdressers' knowledge of community support agencies and referral
- Increase hairdressers' communication skills and confidence
- Establish a process for professional debriefing and support for hairdressers faced with difficult issues.

Strategies

- Develop partnerships with regional health services and hairdressing salons
- Consult with the hairdressers in the development of the project
- Develop a website in collaboration with local hairdressers
- Provide hairdressers with resources and support to help them to implement the program successfully in their salon
- Provide training on how to use the website

Outcomes

- Local hairdressers attended mental health awareness training
- Website developed www.talkinghealth.org.au
- Website launched in February 2013 by Starlady Nungari
- Facebook page developed
- 4 local hairdressers committed to becoming Talking Health trainers

Girlspace

Girlspace has been created in response to the increasing number of young women presenting to the Refugee Minor Program in the South East with negative body image and risk taking behaviour. The Refugee Minor Program assists the transition process for children and young people who are unaccompanied humanitarian minors, allowing them to ease into the community and their new lives through a casework-based approach.

Objective

To promote self-esteem, healthy lifestyle behaviour and positive body image specifically for girls engaged in the Refugee Minor Program.

Strategies

- Run a 6 week program for young women aged 11–17.
- Introduce relevant topics including healthy eating, body image, personal safety, communication, assertiveness, mental health and team building.
- Identify support services that would be useful for the group and introduce young girls to how these can be accessed to promote self confidence, responsibility and awareness.

Outcomes

- Raised awareness of other support services available to them to satisfy current or future well being needs.
- Participants presented increased personal confidence with overwhelming support for the program. Some of the comments include, "I learnt how to look after myself", "Don't try to be someone else – be yourself" and "I am now proud of who I am."

Women's Well Being Group

Women including Culturally and Linguistically Diverse (CALD) women experience a number of barriers ranging from social inclusion, financial security, language barriers and struggles adapting to a new country.

Objective

Facilitate a social support group for women to support, build friendships, increase confidence and enhance their well being.

Strategies

- Facilitate 10 social support group sessions for women in Dandenong on the fourth Wednesday of each month.
- Consult with participants to plan group activities and information sessions.

Outcomes

- An average of 8 women attended the sessions.
- Participants chose information sessions on environmental issues and different forms of meditation.

Girls' Space

Refugees face many challenges upon arrival in a new country. Some of these challenges include limited English, limited employment, limited education opportunities, issues related to mental health and discrimination making adapting very difficult for young refugee women. Often bound by gender, culture, religion and family restrictions, the ability to engage with the community is minimal depriving growth in a new environment. It should also be recognized that social and recreational opportunities are rare for young women post school and pre motherhood. WHISE and the Centre for Multicultural Youth (CMY) worked together to form this program specifically for this bracket of women based on a previous Girls' Space initiative run by CMY and the City of Greater Dandenong.

Objective

To support young women who face such restrictions and provide them with social and recreational opportunities to encourage future community participation.

Strategies

- Run a 12 week community program
- Address various health topics to promote well being and healthy living
- Provide social and recreational activities to encourage involvement, confidence and a sense of belonging
- Provide information and relevant referrals encouraging continued community participation

Outcomes

- For the 17–25 age group there were 14 core members in attendance
- 2 WHISE staff, 2 CMY staff and 1 CMY volunteer facilitated the program

Young women gained vital skills from the program such as sociability, relationship building and skills needed for applying for jobs. Some of the comments include “I am now more sociable and talking about topics to different people”, “I am now a better mother and daughter – I used to think women were powerless and weak but not anymore”, and “My skills are improving such as applying for jobs”.

AFFORDABLE ICT TRAINING FOR SENIORS

(INFORMATION AND COMMUNICATION TECHNOLOGY)

Funded by the Department of Planning and Community Development in partnership with Vicnet a division of the State Library of Victoria.



While seniors are skilled at many things a number struggle with operating a computer. A large proportion of seniors have little or no experience with computers at all, validating the concern of digital exclusion. The Australian Human Rights Commission (2000) recognizes exclusion from services, information and opportunities as a violation of human rights. Living in the technologically dependant world of today, where the knowledge of operating a computer and its programs are essential, generational barriers are no grounds for perpetuating this form of exclusion.

Although internet usage by older people in Australia is increasing the following statistics for the 65+ age group indicates that there is still much work to be done.

- Only 56% have used the internet compared to almost 90% for the remaining age group
- 48% have internet at home compared to 78% of the remaining age group
- Only 30% have broadband

At WHISE we recognize computer literacy as a real need for our seniors. In response to this we offer affordable ICT trainings to build their skills and competency in this area. While the trainings is specific the benefits are great at promoting better mental health and improved quality of life.

Objective

To promote and provide easy and affordable access for the senior bracket to Basic Computer and Internet training courses, encouraging digital literacy and inclusion.

Strategies

- Deliver a 10-12 week Basic Computer and Internet training program that is simple and easy to understand
- Provide a culturally sensitive one-on-one training option for women with complex needs
- Design and develop senior-friendly training materials to assist with teaching the course
- Improve links between seniors and appropriate agencies such as CALD to promote a wider reach of services

Outcomes

- A new training room, new equipment and faster internet connections have been installed
- 92 seniors have participated in a tailor made program over a 12 month period
- Participants presented increased self-confidence and self-esteem from learning new skills and brushing up on already acquired skills
- Training has provided opportunities for socialization and promoted community involvement
- Training focused on internet proficiency has allowed women to become more actively involved in taking charge of their health and well being. By providing them with the knowledge and tools for internet research they have been able to identify a far greater reach of resources and services in the most efficient way – online. As a result, women are able to personalize their searches to their individual needs whilst operating in the confidence that they are capable of gathering information

*'I never thought I could learn computers at my age.
I now talk to my son and other relatives on Skype
around the world. Now I feel like I'm in the same
room and I feel on top of the world'*



SEXUAL AND REPRODUCTIVE HEALTH

Papscreen health promotion

Women who arrive in Australia as refugees undergo a range of tests such as eye tests, blood tests and hearing tests however there is little emphasis placed on preventative screening such as Papscreen. For women who are well connected to their community and who readily access health services, Papscreen is not a new concept however for women who are isolated in their homes and rarely access external support agencies, Papscreen is unheard of.

To reach this client group and address the issue of underscreening amongst newly arrived refugee women, female volunteers were trained as 'papscreen educators' during a 1 day training program, so that they could go into their homes to provide Papscreen education in their own language.

Objectives

1. Increase the capacity of female volunteers who can promote the papscreen message to refugee women
2. Encourage women, particularly those from refugee backgrounds, to become volunteer 'Papscreen educators'
3. Raise awareness amongst refugee women in the Southern Metropolitan Region of Melbourne of the importance of pap screening to prevent cervical cancer
4. Encourage women from refugee backgrounds who live in the Southern Metropolitan Region of Melbourne to have a pap test

Strategies

- Provide training to volunteers
- Engage expert guest speakers to deliver part of the training
- Develop multi-lingual resource packs
- Provide support and debriefing to volunteers

Outcomes

- 11 volunteers trained as Papscreen educators
- 8 clients received pap screen education within their homes
- All clients expressed a willingness to have a pap test

Sexual Health of Older Women Project

Funded by Ian Potter Foundation

In 2012 WHISE received a grant from the Ian Potter Foundation to map sexual health initiatives in the Southern Region of Melbourne, and to do a needs analysis of sexual health for older women in the Region. Project rationale was based on literature available surrounding sexual health and the increased ageing population in Australia. Government recognises the importance of developing policy with a preventative focus to lessen the future burden of disease and associated economic cost to the community. It is within this context that WHISE recognises the important need of understanding sexual health issues and practices that older women experience. This project is delivered with the belief that it will contribute to positive sexual health outcomes, preventing unnecessary illness and disability whilst utilizing cost effective methods.

Objective

- To gather cultural and socially diverse information about women in the 50+ bracket regarding sexual health knowledge, attitudes toward service providers, feeling comfortable in accessing these services, sexual health practices, rates of sexual health screening and the role of technology in sexual health outcomes
- To provide a body of knowledge that can articulate a clearer understanding of the trends and needs of older women, informing future service provision

Strategies

- Conduct group discussions with women
- Provide the option of one on one discussions about health issues for women who are uncomfortable in a group setting
- Liase with service providers who work with older women eg: doctors, nurses, social workers to gain wider perspective

Outcomes

This project is currently in progress and is due for completion in December 2013.

POSITIVE FAMILY AND PARTNER RELATIONS

Healthy Relationship Group- Greater Dandenong Council Community Grants

Family violence incidents have been rising in the Southern Metropolitan Region. The existence of this issue alongside the lack of support for women in abusive relationships highlights a very real need that has not been widely addressed. WHISE has recognized that attention and support needs to be directed to these women resulting in the design and delivery of the Healthy Relationships Group.

Objectives

- To provide a safe place for family violence victims to talk about their issues
- To equip family violence victims with resources and information encouraging emotional wellbeing, healthy relationships and sound decision making
- To connect victims with other support agencies
- To encourage leadership and the promotion of safety measures
- To provide a space for networking and development
- To collect evidence on family violence
- To evaluate this project in order to seek funding for continuation of this project and to establish another CALD specific group

Strategies

- Run two Family Violence Women's Support groups each over a five week period within a safe, non-judgemental, culturally sensitive setting
- Identify abuse and explore the effects using different mediums, such as art
- Connect victims with support agencies allowing an exchange of expertise and ideas
- Utilize communication and discussion as a healing method whilst also addressing self-care
- Provide the opportunity to run a self-support group promoting confidence and leadership

Outcomes

- Increase in women's knowledge about family violence
- Developed relationships built upon trust providing a sense of security, acceptance and support
- Increased knowledge about the importance of self care
- Participants learnt how to deal with difficult situations
- Increased confidence in taking leadership roles in the community
- At the conclusion of the support groups some of the comments included "I'm so happy that I came to this group, I learned a lot", "I like this group because it is inclusive and non judgemental" and "We came here and learned everything not because we had to but because we wanted to."

SETTLEMENT GRANTS PROGRAM

Settlement Grants Program (SGP)

This year for the SGP has been a busy one. We ran two volunteer training courses and have some wonderful women who now visit refugee women in their homes on a regular basis. Volunteers have sat in Centrelink offices for hours; waited in queues; organised furniture and food for their clients; filled out forms; arranged appointments; taken clients on public transport. They do it always with a smile and what's more – they come back and do it all again the next week! They are truly amazing people. Congratulations and a big thank you to all of you! The volunteers were recognised at a City of Greater Dandenong Council award ceremony during volunteer week.

Our numbers of referrals have been steadily increasing, a pleasing endorsement of the effectiveness of the program. It is very satisfying to see many SGP clients are now more independent, coming into the office to see a WHISE worker and finding their way around the myriad of services available in Dandenong. Currently we have a student placement who was once a client!!

We were once again successful in our funding application, and the program now has funding until 2015.

NILS

WHISE No Interest Loan Scheme

The WHISE community based No Interest Loan Scheme has been in effect since 2010. It provides low income earners who face financial difficulty with flexible and affordable credit to purchase essential items with no added fees, charges or interest payments. The loan can be used to purchase a number of goods including white goods, household goods, medical and educational expenses as well as other approved items.

Objective

WHISE NILS aims to empower women by providing a holistic response for those facing financial difficulties and living on a low income by helping them to achieve financial control.

Strategies

- Create personal connections with clients utilizing interpretive services and other creative methods to ensure communication and understanding overcomes barriers that may arise
- Connect clients to consumer and financial assistance services that provide further support and information that will aid sound future financial decision making.

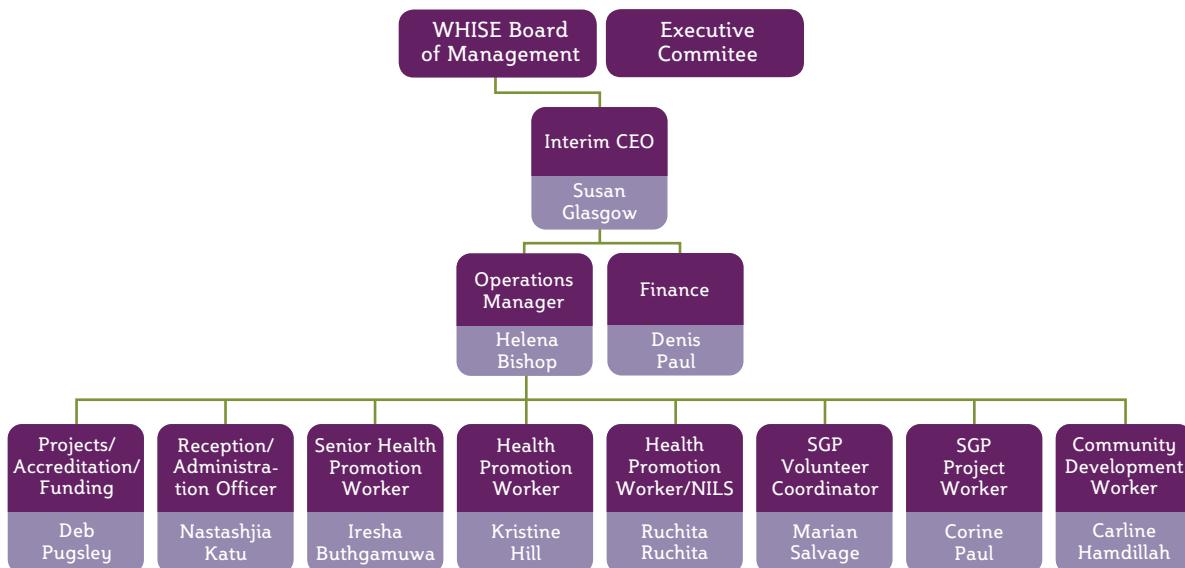
Outcomes

- 115 loans have been issued
- 51 loans have been successfully completed with some clients applying for a second and even third loan
- An example of a NILS success case has seen a client needing urgent surgery for both knees be able to afford the medical costs for one procedure, a need not achievable prior to utilizing NILS. Since having the surgery she can now walk with reduced pain enhancing her general well being and quality of life. More than that, she is hopeful that her health will only get better.

PARTNER ORGANISATIONS

Kingston Bayside Primary Care Partnership
Inner South East Partnership in Community and Health
Frankston Mornington Peninsula Primary Care Partnership
Enliven
Cardinia Shire
Monash Health
Kooweeup Regional Health Service
Refugee Minor Program
Centre for Multicultural Youth
Living Learning Pakenham
Women's Health Victoria
Women's Health East
Women's Health West
Women's Health in the North
Gippsland Women's Health Service
Women's Health Loddon Mallee
Multicultural Centre for Women's Health
Women's Health Goulburn North East
Women's Health Grampians
Victorian Women with Disabilities Network
Barwon South Western Regional Women's Health
The Royal Women's Hospital
South East Melbourne Medicare Local
Eastern Region Mental Health Association
Adult Multicultural Education Services
Foundation House
Good Shepherd Microfinance
Frankston Mornington Peninsula Medicare Local

ORGANISATIONAL CHART



OUR BOARD

Gail Quilliam	CHAIRPERSON
Donna Fulford	VICE CHAIRPERSON
Kara Dunn	TREASURER
Deborah Buffinton	GENERAL MEMBER
Dianna Mumme	GENERAL MEMBER
Doris Wong	GENERAL MEMBER
Noemí Fiala	GENERAL MEMBER
Robyn Mason	GENERAL MEMBER

Congratulations to Students on Placement

Julia Watson
Magdelena Pawelek
Lensa Tezera
Simone Beckett
Jackie Clark
Leah Donaldson
Krishani Dassanayake

Thanks to our volunteers

Kylie Dovaston
Melinda Elaswi
Sara Koller
Jennifer English
Phillipa Wilson
Jacinta Meehan
Ayaan Omar

Greer Clarke
Laura Veloso
Cassandra Bernaudo
Natasha Margaritis
Melinda Hamilton
Sedigah Alizadeh

FINANCIAL REPORTS

Income Statement For the Year Ended 30 June 2013

	\$
Income	
Grant and Services	683,839.61
Donation	1.34
Other Income	26,760.14
Interest	4,616.28
	715,217.37
Expenditure	
Accounting and Audit Fees	10,666.58
Administrative Cost	4,588.21
Advertising and Promotion	1,214.55
Amortisation Cost	251.63
Bad Debts	1,313.10
Bank Charges	3,104.47
Bookkeeping Expenses	18,275.00
Computer Expenses	7,876.65
Consulting Fees	5,316.55
Board Cost	1,552.95
Depreciation	27,003.00
Donations	270.91
Insurance	1,818.55
Laundry	9,150.77
Legal Fees	3,815.00
Light & Power	6,013.59
Motor Vehicles Expenses	8,771.98
Postage	861.11
Printing & Stationery	5,551.46
Project Costs	11,656.11
Rates & Land Taxes	4,422.05
Rental Expenses	59,315.92
Repairs and Maintenance	3,248.80
Security	1,408.18
Staff Amenities	2,577.74
Subscription & Accreditation	7,865.54
Superannuation	38,263.80
Telephone	8,937.49
Travel, Accommodation & Conference	5,399.10
Wages	449,481.59
Work cover	10,217.67
Total Expenses	720,210.05
Surplus/(Deficit)	(4,992.68)

Balance Sheet For the Year Ended 30 June 2013

	\$
CURRENT ASSETS	
Cash and Cash Equivalents	118,018.44
Trade and Other Receivables	11,325.88
Other	11,188.79
TOTAL CURRENT ASSETS	<u>140,533.11</u>
NON-CURRENT ASSETS	
Property, Plant and Equipment	38,889.00
TOTAL NON-CURRENT ASSETS	<u>38,889.00</u>
TOTAL ASSETS	<u>179,422.11</u>
CURRENT LIABILITIES	
Trade and Other Payables	38,293.41
Account Held in Trust	1,832.08
TOTAL CURRENT LIABILITIES	<u>40,125.49</u>
NET ASSETS	<u>139,296.62</u>
EQUITY	
Capital Profit Reserve	139,269.62
TOTAL EQUITY	<u>139,269.62</u>

Women's Health in the South East Inc

Financial Report for the Year ended 30th June 2013

BOARD'S REPORT

Your Board members submit the financial report of the Women's Health in the South East Inc for the financial year ended 30th June 2013.

Board Members

The names of the Board members throughout the year and at the date of this report are:

Gail Quilliam (Chairperson)	Kara Dunn (Treasurer)
Donna Fulford (Vice Chairperson)	Neomi Fiala
Deborah Buffinton	Doris Wong
Diana Mumme	Robyn Mason

Interim Chief Executive Officer

Susan Glasgow

Principal Activities

The principal activities of the association during the financial year were to provide Health promotion services to Women in the South-East area.

Significant Changes

No significant change in the nature of these activities occurred during the year.

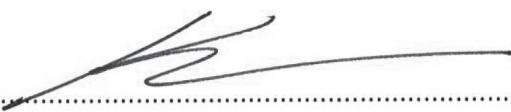
Operating Result

The deficit after providing for income tax amounted to \$4992.68.

Signed in accordance with a resolution of the Members of the Board.



Gail Quilliam (Chairperson)



Kara Dunn (Treasurer)

Dated this 27th day of August 2013.

BECOME A MEMBER

All women living, working or studying in the Southern Metropolitan region of Melbourne are eligible to become members of Women's Health in the South East, as are organizations whose client base includes the Southern Metropolitan Region.

Membership is free and includes:

- Access to current information and quarterly newsletters
- Access to training and education at little or no cost
- Invitation to join support groups
- Opportunities to provide volunteer assistance
- Invitation to social activities
- Opportunities to give advice on upcoming events and matters of interest
- Access to resource library
- Nomination for the Board of Management and voting rights

To find out more call us on 9794 8677

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