

## WEBINAR

5 MAY 2020

### ***Let's Talk about Good Health Down South***

**Sexual and Reproductive Health Webinar**

On 5 May 2020, over 70 participants from various organisations, including Community Health Services, Schools, Department of Education, Local Government and Women's Health Services came together online to join the 'Let's Talk about Good Health Down South' webinar. Dr Andrea Waling delivered an informative keynote on the intersection of body image, social media and sexual health. Dr Christopher Fisher provided a presentation on the most recent findings of the National Sexual Health Survey, and Jacquie OBrien concluded the webinar with an overview of COVIDs impact on sexual and reproductive access and rights.

**Overall, attendees  
rated the webinar 4.2  
stars out of 5**



## KEY LEARNINGS/ TAKEAWAYS

The importance of incorporating social media's impact in delivery of programs to stay relevant

Supporting co-design or a peer to peer models in delivery of sexuality education



Importance of up-skilling teachers to increase comfortability in classroom delivery

Fluid vs. fixed body image



Various reproductive concerns, including affordability &/or access to contraceptive and abortions



It was very informative and helped me view thoughts around body image differently to what I have before.



This presentation [keynote] was fantastic, I found the idea of the flexible body very interesting.



COVID19 has had a massive impact on services. It is good to know that our service is not alone and we all have to be creative on how we still provide our services.



Well done for adjusting so incredibly well in such a short time frame and still offering a great forum!



The information was current and informative.



Thank you, brilliantly done!



I liked the webinar format - easier to attend than in person.



Zeroing in from world view impacts to Australia and Victoria was effective. 'Opportunity' as a positive viewpoint forward.



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Good Health Down South