

## Integration and Prioritisation

**Objective 1: Increase the range of sectors, settings and organisations in the region that are involved in the Good Health Down South 2021–2025 strategy.**

Action	Potential partner(s)	Priority population(s) where applicable	Output/deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 1.1: The Good Health Down South partnership will convene learning forums for sexual and reproductive health, to encourage network learnings and professional development for the Southern Metropolitan Region.	Members of the Good Health Down South Network	N/A	Minimum 2 x forums delivered.	# forums # participants	Eventbrite and Zoom registration and attendee information	Participants report overall increased knowledge of women's SRH issues.  Participants report overall increased confidence to apply knowledge of women's SRH.	Survey data  Semi-structured qualitative interviews	By 30 June 2025

**Objective 2: Build the capacity and capability of the regional workforce to integrate and prioritise sexual and reproductive health into other health priority areas, in particular the primary prevention of violence against women and the promotion of gender equity.**

Action	Potential partner(s)	Priority population(s) where applicable	Output/deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 2.1: The Good Health Down South partnership will develop and disseminate effective resource/s to support women and gender diverse people experiencing perimenopause and menopause in the workplace	Menopause working group	Older women and gender diverse people.	1 x case study of an organisation or multiple organisations that have implemented menopause workplace policies.	# resource or case study developed.	Evidence of implementation of actions in yearly Evaluation Reports.	Number of workplaces that request support or consultation in developing a menopause workplace policy.	Stakeholder feedback.  Project documentation.	By 30 June 2025
Action 2.2: The Good Health Down South partnership will support local government to integrate and prioritise sexual and reproductive health in their planning, policy, activities or projects as applicable.	Local government	N/A	1 x resource, advocacy piece or other to support the integration of sexual and reproductive health into Health and Wellbeing Plans, Action Plans, Integrated Health Promotion Plans or similar.	# resource developed	Evidence of implementation of actions in yearly Evaluation Reports	Proportion of stakeholders who found the resource to be useful for their planning processes.	Survey.	By 30 June 2025

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Action 2.3: The Good Health Down South partnership will seek opportunities to showcase or highlight evidence of effective SRH promotion or service delivery in the region.	Members of the Good Health Down South Network	N/A	1 x SRH case study at WHISE conference to showcase evidence used and translated by partners to enable gender equity and promote women's health and wellbeing.	# case study presented at the WHISE conference	Evidence of implementation of actions in yearly Evaluation Reports	Proportion of stakeholders who found the case study to be useful for their planning processes.	Survey	By 30 June 2025
Action 2.4: The Good Health Down South partnership will explore opportunities that illustrate the links between gender inequity, prevention of violence against women and sexual and reproductive health.	PRET partnership	N/A	1 x combined event or learning forum to understand, reflect and align SRH and PVAW for improved PVAW gender equality outcomes.	# forum	Eventbrite and Zoom registration and attendee information and/or evidence of	Participants report overall increased knowledge of women's SRH issues.  Participants report overall increased confidence to apply knowledge of women's SRH.	Survey  Semi-structured qualitative interviews	By 30 June 2025

**Objective 2: Build the capacity and capability of the regional workforce to integrate and prioritise sexual and reproductive health into other health priority areas, in particular the primary prevention of violence against women and the promotion of gender equity.**

Action	Potential partner(s)	Priority population(s) where applicable	Output/deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
<p>Action 2.5: The Good Health Down South partnership will seek opportunities to integrate SRH within projects, policies, actions or interventions for primary prevention and early intervention in mental health and wellbeing.</p>	<p>Mental wellbeing portfolio (WHISE)</p>	<p>N/A</p>	<p>1 x forum, resource, practice exchange or other, on the bidirectional relationship and/or linkages between mental health and wellbeing and SRH.</p>	<p># forum, resource, practice exchange or other</p>	<p>Evidence of implementation of actions in yearly Evaluation Reports</p>	<p>Participants report overall increased knowledge of women's SRH issues.</p> <p>Participants report overall increased confidence to apply knowledge of women's SRH</p> <p>Participants report overall increased confidence to apply knowledge of a gendered approach to improve of mental health and wellbeing.</p>	<p>Survey.</p> <p>Semi-structured qualitative interviews</p>	<p>By 30 June 2025</p>

## Equitable Access

### Objective 3: Increase the capability and capacity of organisations and practitioners to provide equitable sexual and reproductive health services.

Action	Potential partner(s)	Priority population(s) where applicable	Output/deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 3.1: The Good Health Down South partnership will support and contribute to, the expansion of a sustainable and highly skilled SRH workforce in the Southern Metropolitan Region.	Peninsula Health	N/A	1 x case study on SRH graduate midwife program at Peninsula Health.	# case study developed	Evidence of implementation of actions in yearly Evaluation Reports	Number of stakeholders who contact WHISE or Peninsula Health for consultation or support in implementing a similar program.	Survey.  Semi-structured qualitative interviews	By 30 June 2025
Action 3.2: The Good Health Down South partnership will identify opportunities to work with relevant partners and stakeholders, to enhance prevention, including immunisation, and increase screening of sexually transmissible infections (STIs).	Melbourne Sexual Health Centre  Victorian Sexual Health Network  Peninsula Health  Cancer Council  Local Public Health Unit, led by Monash Health.		Action to promote uptake of human papillomavirus (HPV) vaccine and/or routine screening for sexually transmissible infections (STIs), to be confirmed.	TBC	TBC	TBC	TBC	By 30 June 2025

**Objective 4: Increase capability and capacity of organisations and practitioners to provide culturally appropriate and inclusive sexual and reproductive health services for priority populations.**

Action	Potential partner(s)	Priority population(s) where applicable	Output/ deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 4.1: The Good Health Down South partnership will identify opportunities to deliver SRH information to culturally and linguistically diverse communities to increase literacy and promote access to services.	South East Community Links, in partnership with the Capacity and Capability (CAPS) Team.	Culturally and linguistically diverse communities including Burmese women's group	Minimum 1 x SRH information session to a culturally and linguistically community.	# sexual and reproductive health session	Evidence of implementation of actions in yearly Evaluation Reports	Participants report overall increased knowledge of women's SRH issues.  Participants report overall increased confidence to apply knowledge of women's SRH.	Survey.	By 30 June 2025
Action 4.2: The Good Health Down South partnership will identify opportunities to build the capacity of identified community leaders in Aboriginal and Torres Strait Islander communities to disseminate sexual and reproductive health promotion information and promote access to services.	Bunjilwarra	Aboriginal and Torres Strait Islander women and gender diverse people	1 x capacity-building session to support identified community leaders in Aboriginal and Torres Strait Islander communities to deliver SRH information to participants in the Bunjilwarra Women's Healing Camp.  1 x SRH health session at Bunjilwarra Women's Healing Camp.	# capacity-building session.  # SRH session	Evidence of implementation of actions in yearly Evaluation Reports	Participants report overall increased knowledge of women's SRH issues.  Participants report overall increased confidence to apply knowledge of women's SRH.	Survey  Semi-structured qualitative interviews	By 30 June 2025

**Objective 4: Increase capability and capacity of organisations and practitioners to provide culturally appropriate and inclusive sexual and reproductive health services for priority populations.**

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Action 4.3: The Good Health Down South partnership will promote access to self-collection for cervical screening to increase rates of participation in screening among priority populations.	Peninsula Health  Local Public Health Unit, led by Monash Health	N/A	Action to promote self-collection cervical screening to increase uptake of cervical screening for Local Government Areas and/or sub-populations that have below-average screening rates, to be confirmed.	TBC	TBC	TBC	TBC	By 30 June 2025

## Health Literacy

### Objective 5: Increase the dissemination and promotion of evidence-based sexual and reproductive health information across diverse community settings in the region.

Action	Potential partner(s)	Priority population(s) where applicable	Output/ deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 5.1 The Good Health Down South partnership will develop and deliver accessible content to build the knowledge and understanding of community members regarding perimenopause and menopause.	Peninsula Health  Monash Health Community.	Older people	Minimum 4 x menopause and perimenopause information sessions for community, including workplace session delivery.	# information sessions delivered	Eventbrite and/or Zoom registration and attendee information.	Participants report overall increased knowledge of women's SRH issues.  Participants report overall increased confidence to apply knowledge of women's SRH.	Survey.  Semi-structured qualitative interviews.	By 30 June 2025
Action 5.2: The Good Health Down South partnership will develop and disseminate an annual SRH Week social media campaign in recognition of International Safe Abortion Day and World Contraception Day.	Victorian Women's Health Services.  Members of the Good Health Down South Network.	N/A	1 x campaign package delivered to partners and stakeholders.	# campaign package	Evidence of implementation in biannual Evaluation Reports.  Social media metrics and analytics.	Social media engagement data.	Social media metrics and analytics	By 30 June 2025



**Objective 5: Increase the dissemination and promotion of evidence-based sexual and reproductive health information across diverse community settings in the region.**

Action	Potential partner(s)	Priority population(s) where applicable	Output/deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 5.3: The Good Health Down South partnership will support the annual Women's Health Week campaign.	Jean Hailes.  Members of the Good Health Down South Network .	N/A	1 x campaign package delivered to partners and stakeholders and shared by members of the Good Health Down South Network.	# campaign package	Evidence of implementation in biannual Evaluation Reports.  Social media metrics and analytics.	Social media engagement data.	Social media metrics and analytics.	By 30 June 2025
Action 5.4: The Good Health Down South partnership will develop and disseminate an annual EndoMarch social media campaign in recognition of Endometriosis Awareness Month.	Victorian Women's Health Services.  Members of the Good Health Down South Network.	N/A	1 x campaign package delivered to partners and stakeholders.	# campaign package	Evidence of implementation in biannual Evaluation Reports.  Social media metrics and analytics.	Social media engagement data.	Social media metrics and analytics.	By 30 June 2025
Action 5.5: The Good Health Down South partnership will promote community and individual knowledge and awareness about Female Genital Mutilation/Cutting (FGM/C) practices.	Family and Reproductive Rights Education Program (FARREP)	N/A	1 x campaign package delivered to partners and stakeholders and shared by members of the Good Health Down South Network to promote International Day of Zero Tolerance to FGM/C.	# campaign package	Evidence of implementation in biannual Evaluation Reports.  Social media metrics and analytics.	Social media engagement data.	Social media metrics and analytics.	By 30 June 2025

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Action	Potential partner(s)	Priority population(s) where applicable	Output/deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 5.6: The Good Health Down South partnership will promote community and individual knowledge and awareness about common sexual and reproductive health issues and dispel stigma and misinformation.	Members of the Good Health Down South Network .	N/A	1 x video produced and shared on social media platforms on “You CAN ask that,” responding to questions from the community pertaining to sexual and reproductive health and dispelling common myths and stigma.	# video produced.  # social media posts shared by partners and stakeholders.	Survey of partners and stakeholders.  Social media metrics and analytics.	Social media engagement data.	Social media metrics and analytics.  Evidence of implementation in biannual Evaluation Reports.	By 30 June 2025

**Objective 6: Increase capability and capacity of primary prevention and clinical practitioners to provide gender-sensitive respectful relationships and sexuality education.**

Action	Potential partner(s)	Priority population(s) where applicable	Output/deliverable(s)	Process measure(s)	Data collection method(s)	Impact measure(s)	Data collection method(s)	Timeframe
Action 6.1: The Good Health Down South partnership will promote evidence-based, sex-positive relationships and sexuality education, consent and body safety throughout the Southern Metropolitan Region.	Sexual Health Victoria  Youth Services  Multicultural Health Support Service (MHSS)  Youth Affairs Council of Victoria  Zoe Belle Gender Collective	Young people	Minimum 2 x capacity-building sessions to youth and community service professionals on consent and respectful relationships including Victoria's new affirmative consent legislative reforms, stealthing and providing referrals and support options for victim-survivors.	# capacity-building sessions.  # participants.	Eventbrite registration and attendee information	Participants report overall increased knowledge of women's SRH issues.  Participants report overall increased confidence to apply knowledge of women's SRH.	Survey.	By 30 June 2025